

[Our Church] This Week @ TPC

Church Community Builder <notifications@ccbchurch.com>

on behalf of

Daniel Xisto <thetpchurch@ccbchurch.com>

Thu 11/17/2022 9:43 AM

To: Communications Ministry <communications@thetpchurch.org>

This Week @ TPC



The Takoma Park Church Staff would like to wish you and your family a Spirit-filled holiday season! From top to bottom and from right to left we are:

John Nixon II, Lead Pastor

Hyacinth Aaron, Office Manager

Daniel Xisto, Pastor for Operations & Community Engagement

Anwar Ottley, Pastor of Worship

Griselda Jobe, Pastor of Children & Family

Glenn Pedersen, Maintenance Technician

HAPPENING TODAY



TAKOMA PARK
SEVENTH-DAY ADVENTIST CHURCH

REFUGEES FIRST THANKSGIVING

TPC WE NEED YOUR HELP

NOVEMBER 20, 2022

LOCATION: 903 SOUTH HIGHLAND ST.
ARLINGTON, VA 22204

Email questions to daniel.xisto@thetpcchurch.org



Today is the last day to sign up to help 800 newly placed refugees in our area! This event will take place on Sunday and we need you to sign up today! So far we have 43 TPCers committed to help, thank you!

But I was just in contact with the other organizers and they said they are in need of 20 more volunteers to drive refugees to the event! If you can drive a family or even a few people to the event contact Katherine at:

Kstockton-Juarez@ecdcus.org ASAP

If you want to help by serving food then please click on [this link](#) or scan the QR code above, select your two-hour time slot and the type of activity you would like to do! That is it! Oh and your kids can come and help as well! What a lesson for them, and what a ministry to those who need it most!

Once you sign up, email me at daniel.xisto@thetpcchurch.org so that I can keep track of all the awesomeness coming out of our church! This is true religion!

HAPPENING TOMORROW



TAKOMA PARK
SEVENTH-DAY ADVENTIST CHURCH

**TAKOMA PARK CHURCH IN PARTNERSHIP
WITH SMALL THINGS MATTER**

FOOD DISTRIBUTION

**EVERY 1ST AND 3RD FRIDAY OF THE MONTH
10:00 AM - 12:00 PM EST**

**TPC CHURCH PARKING LOT
6810 Eastern Ave NW
Washington, DC 20012**

If you or someone you know is in need of groceries come by the church tomorrow morning, we will be distributing free groceries until 10:30 am. Please remember that we distribute groceries the first and third Friday of every single month, and in order to receive food you **MUST** be in the list. In order to get on the list please email Pastor Xisto by replying to this email.

HAPPENING SABBATH



Pastor Nixon will continue with his final sermon series on Sabbath entitled "Don't Turn Back!" His last day with us will be on December 3. Join us for them all. You can join in person or online this Sabbath by clicking here at 11:30 am: <https://www.youtube.com/user/TakomaParkSDA>



TAKOMA PARK
SEVENTH-DAY ADVENTIST CHURCH

PLEASE JOIN THE TPC ANNUAL

THANKSGIVING FOOD DRIVE

Please bring your bags of non-perishable food items to the church on either 10/29, 11/5, 11/12, or 11/19

Direct questions to daniel.xisto@thetpchurch.org

This is our last call for food for our annual Food Drive! We have over 1000 Thanksgiving Baskets to fill for families who can use help this holiday! Please bring a few bags of NON PERISHABLE food to the church starting this Sabbath. Feel free to bring your bags right up to the steps of the platform! Brown grocery paper bags are preferred.



TAKOMA PARK
SEVENTH-DAY ADVENTIST CHURCH

YOUNG PROFESSIONALS PRESENTS

BIBLE TALKS

NOVEMBER 19 | 1:30 PM

TPC Church Center | Youth Room

Snacks & child care will be provided

Questions to youngprofessionals@thetpchurch.org

The TPC Young Professionals are starting "Bible Talks", biblical perspectives on life and love, discussing topics such as finances, careers, whole-person health, and a relationship with God and others. Join us on Sabbath at 1:30 pm to 3pm at the Youth Room in the TPC Church Center. Maya Thomas, PhD, Licensed Marriage and Family Therapist, will be leading out on discussing Dating: Christian based relationship skills for singles who are or will be dating and for married/committed couples who want to keep dating their partner. Snacks and child care will be provided. Please reach out to youngprofessionals@thetpchurch.org for more info.

HAPPENING SUNDAY



DEACONS & DEACONESS BRUNCH

SUNDAY, NOVEMBER 20 AT 10AM
TPC KEYSTONE ROOM

Calling all deacons and deaconesses, the pastoral staff would like to invite you to a special brunch! Save the date!

COMING SOON



TAKOMA PARK
SEVENTH-DAY ADVENTIST CHURCH



#GIVINGTUESDAY NOVEMBER 29

Thank you for supporting all that Takoma Park SDA Church is doing to uplift our community! Two ways you can give today are:

1. Visit thetpcchurch.org/give. Fill out the form and select your designation as "Local Church Budget"
2. Text the gift amount and then type "LCBudget" to 202-868-8078

#GivingTuesday is this upcoming Tuesday, November 29th. We hope you will consider donating to Takoma Park SDA Church in order to support all that we do in the community! From food donations and home repairs to world class concerts, and all that we do with children, our work wouldn't be possible without your continued generous support.



TAKOMA PARK
SEVENTH-DAY ADVENTIST CHURCH

YOUNG PROFESSIONALS PRESENTS

WHITE ELEPHANT CHRISTMAS PARTY



DECEMBER 3 | 6:00 PM

TPC Keystone Room

Questions to youngprofessionals@thetpchurch.org

These young professionals are on fire! Yes, you should join! Please reach out to youngprofessionals@thetpchurch.org for more info.

OTHER NEWS



TAKOMA PARK
SEVENTH-DAY ADVENTIST CHURCH

GROWTH GROUPS

CONNECT WITH US

ADVENTURERS (4-9) // drmcfarl@yahoo.com
BOOK CLUB // danielxisto@thetpchurch.org
COUPLES' CONNEXION // sandra@lprinternational.com
ENTREPRENEURS // ccallistejr@gmail.com
FOODIES // sab402@gmail.com
GARDENERS // rydalwater@gmail.com
MEN'S // jbullart@aol.com
PATHFINDERS (10-15) // drmcfarl@yahoo.com
RETIRES // rita.duvra@hotmail.com
SENIOR SINGLES YOUNG AT HEART (50+) // rvtap@aol.com
WITNESS THE FITNESS // djahna@yahoo.com
YOUNG PROFESSIONALS // youngprofessionals@thetpchurch.org
FRIDAY NIGHT BIBLE STUDY // shirls16@msn.com

Bringing people with common interests together, with the purpose of connection, support and growth with the members of our church and our community. Join us!!

TPC would like to invite you to join one of our growth groups! There is something for everyone, and we all need community. Please email the small group leader as seen above for details on when the group is meeting next.



Sis Bernice Aberdeen is baking black cake (fruit cake) for the holidays for church and community members. To place your order or inquire about pricing please contact her at 240-643-6956.

OUR HEALTH

matters



November is Diabetes Awareness Month

Diabetes is a condition that affects how our bodies handle glucose or “sugar.”

Over 10% of the US population has a diagnosis of diabetes. That’s over 34 million people. Diabetes left uncontrolled can lead to conditions such as heart disease, kidney disease, vision loss, stroke, severe infections and ultimately premature death.

What can we do to reduce our chances of getting diabetes and or to reduce the long-term effects of diabetes.

1. Eat more complex carbohydrates (carbs): All carbs are not bad. Focus on eating more vegetables, fruits, and whole grains. These foods have several nutrients that help keep blood sugar stable including fiber which is good for your gut health.
2. Eat more good fats: Avocado, flax seeds, chia seeds, pumpkin seeds, and nuts for example. These are good for the heart and blood vessels.
3. Be more active: Keep your body moving. Exercise improves circulation and helps to regulate blood sugar.
4. Sleep well: Lack of sleep can increase the risk of getting diabetes and having poor blood sugar control.
5. Drink more water: Water helps to break down excess sugar in the blood and prevent dehydration as well as many other health benefits.

Making these changes may be challenging, but your body will thank you by feeling and performing better and your loved ones will thank you too.



TAKOMA PARK
SEVENTH-DAY ADVENTIST CHURCH



**WE ARE LOOKING TO HIRE A
NEW TREASURER**

Please direct all inquiries to Pastor Daniel Xisto
daniel.xisto@thetpchurch.org

An orange hoodie is shown from the chest up, laid flat. The hoodie has a white tag at the neck with the word "KING" and a crown icon. The text "HOODIE DROP-OFF!" is printed on the front. Below the title, there is a paragraph of text, a date and time, and a location. At the bottom, there is a logo for "FRIENDS COLLECTIVE" and a URL.

HOODIE DROP-OFF!

We are collecting **NEW** and gently used
hoodies, half zips, and coats
for all ages and sizes.

S
A
T

DEC 3RD | 9AM - 2PM

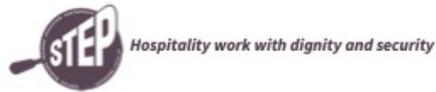
**DROP-OFF
LOCATION:**

Takoma Park SDA Church
6810 Eastern Ave, NW
Washington, DC 20012

Can't make this?
Donate here

<https://friends-collectivedonate.square.site/>





PAID Culinary Job Training for English Language Learners:
Learn & Earn!

STEP's Culinary Foundations for English Language Learners

with Emma's Torch On the Job Training

ENGLISH FOR THE KITCHEN

CULINARY TRAINING

CUSTOMER SERVICE

SERVSAFE & ALLERTRAIN
CERTIFICATIONS

INTERVIEW & RESUMÉ PREP

JOB PLACEMENT
SUPPORT

Prioritizing unionized food service job placement after program

THE PROGRAM:

- January 10 - March 17
- Monday - Friday
- 40 hours/week
- Training wages of \$15 / hour!

REQUIREMENTS:

- Vaccinated against COVID-19
- Authorized to work in US
- Able to work during and after the program, and commute to DC
- Able to pass background check
- Over the age of 18

TO APPLY

Apply here: <https://www.tfaforms.com/4976237>

Have questions?

Text STEP at 301-876-4419

Email Info@EmmasTorch.org



The Takoma Academy Application for the 2023-2024 school year is open. The \$125 application fee is waived from 10/31/2022 to 12/31/2022. Anyone submitting an application after 12/31/2022 will be prompted to pay the fee before they submit the application. (The supplemental documents are not necessary for submitting the application. The first step is to submit the application.)

(The flowers for this Sabbath's worship service are provided by the Jeyakody Edward family.)

Grace and peace,

Pastor Xisto

PS Here are some photos of our recent concert, the Young Professional Friendsgiving, and the New Member Meet and Greet Events! Thank you to all responsible for pulling these together!







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CHURCH COMMUNITY BUILDER